

Learning for Life is available in your area. Contact your local area coordinator to get involved!

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Skills	Description	Delivery Method
<p>Core Skills: Literacy and Numeracy</p>	<p>Improving literacy and numeracy skills can make a big difference to every aspect of life.</p> <p>If you want to improve your communication skills and become more confident in core skills for life, family and work, we can help you with:</p> <ul style="list-style-type: none"> • Reading and writing • Listening and Speaking • Using numbers • Personal finance skills • Gaining a qualification 	<p>In person or remotely using Google Classroom.</p> <p>Available wherever you are in Highland!</p> <p>By appointment, one-to-one or small group.</p>
<p>Digital Skills</p>	<p>Essential digital skills include being able to:</p> <ul style="list-style-type: none"> • use devices like a computer, tablet or mobile phone for simple personal and work tasks; • find and use information on the internet; • understand how to be safe online; • communicate socially and professionally using email, messaging and social media. 	<p>In person.</p> <p>Available across Highland.</p> <p>One-to-one and group options available.</p>
<p>English for Speakers of Other Languages (ESOL)</p>	<p>ESOL classes are available at Pre-Beginner, Beginner, National 2, National 3 and National 4 levels. There are accredited and informal options available.</p> <p>We also offer ESOL Literacies classes, Conversation Cafes and family learning activities.</p>	<p>In person or remotely using Google Classroom.</p> <p>Available across Highland.</p> <p>Group classes at various levels.</p>
<p>Accredited Learning</p>	<p>We are an SQA Centre.</p> <p>We offer a range of Wider Achievement Awards, Core Skills Awards, Professional Development Awards and ESOL National Awards at SCQF levels 2, 3 and 4.</p> <p>Working towards a qualification can help you to build confidence, recognise your achievements, and progress in your learning.</p>	<p>In person or remotely using Google Classroom.</p> <p>Available wherever you are in Highland!</p> <p>By appointment, one-to-one or small group.</p>