

WHAT CAN I LEARN? Dè a dh'fhaodas mi Ionnsachadh?

- Accordion / Bogsa-ciùil If you're inspired by the music of Phil Cunningham and Sandy Brechin this class is for you! Join tutor Stuart Mackintosh on a musical journey with this amazing instrument.
- **Chanter / Feadan** Travel the world for free! Just learn to play the chanter and bagpipes... Join tutor Lewis Barclay as you take your first steps to stardom with Scotland's national instrument!
- Fiddle / Fidheall Traditional Music's worldwide ambassador, inspiring musicians from Cape Breton to Kirkhill and from Aly Bain to Aidan O'Rourke. Tutors Irene Fraser (children) and Roy Campbell (adults) will guide you from fiddle zero to fiddle hero!
- **Guitar / Giotàr** Learn to play the acoustic guitar in the Scottish traditional style at this relaxed class led by Jeff Maclean.
- **Keyboards / Meur-chlàr** Tutor will teach you (and your fingers) how to tinkle out a toe-tapper on this most adaptable of musical instruments.
- Mandolin / Mandolin & Tenor Banjo / Bainsio Teanoir Master the mighty mandolin or learn the tenor banjo, favoured by a new generation of folk performers the tenor banjo is versatile, tuneful and great fun at parties...with talented and highly respected tutor, Jeff Maclean.
- Tin Whistle / Fideag Tutor Hugh Marwick leads this class which introduces students to the tin whistle in 'd' and the 'low whistle'.

LEARN TO PLAY, APPRECIATE AND ENJOY SCOTTISH TRADITIONAL MUSIC IN A FRIENDLY, SUPPORTIVE AND FUN ENVIRONMENT.

CÒ A DH'FHAODAS IONNSACHADH?

Anyone over the age of 8 years is welcome to come along to Traditional Music Classes (TMC). Some instruments or styles have specific classes for children and adults whilst others focus more on ability level rather than age.

WHICH LEVEL IS RIGHT FOR ME?

To get the best out of our classes, it's important to learn at the right level. Look at the info below and decide which is the right level for you!

Beginner Level 1

If you've never picked up a Traditional Music Instrument before, then this is the class for you.

Beginner Level 2

Maybe you've dabbled in group or private tuition previously but are still not feeling too confident? Come along to our Beginner Level 2 classes and build your confidence and skills to progress even further!!

Improvers Level 3

Served your time as a beginner? Know how to read music but still feel the need for a little extra help before you feel quite like an intermediate? Improver's classes will give you an extra boost to keep you improving!!

Intermediate Level 4

Are the different styles and tempos of Traditional Music starting to flow a bit more? Feel like you could take part in a jamming session without too much of a panic? If so then our Intermediate Level 4 classes would love to have you!!

Intermediate Level 5

Got your hands in the right place? Got your feet tapping to the right beat? Got the notes from the paper to your head to your instrument without too much thought processing? Perhaps you could even lead on a tune with a group?! Then our Intermediate level 5 classes are the right ones for you!!

Advanced Level 6

Are you at one with your instrument? Do you feel like you can pick it up and play whatever comes in to your head? Perhaps you even feel confident enough to help out those around you? Or perform in front of a crowd? Come along to our advanced classes and enjoy some group tuition to help perfect your performance!!

TRY TRADI TASTER FEUCH TRADI BLASAD

Ever played? Never played?

Maybe you're not too sure what some of these instruments even are?! Then pop in to our fun and informal 'Try Trad! Taster' and get your fingers round a Fiddle or your teeth round a Tin Whistle!! If you already know what instrument you want to learn (or perhaps need a little help deciding), were learning previously or have an instrument already, then come along! We'll have a range of instruments for you to try and our tutors will be on hand to help you decide which instrument is right for you.

On the 18 & 21 August 2014 we are delighted to work in partnership with Inverness Library

MONDAY 18 AUGUST MUSIC WHILE YOU BROWSE 12.30pm to 2.00pm Inverness Library Entry Free

TMC guitar tutors Jeff and Ian will play some relaxing music while you browse for your latest book.



Monday 18 August

INSTRUMENT TASTER SESSION 6.30pm to 8.00pm Spectrum Centre Adults: £2 & Children £1 Pop in to our fun and informal Try Trad! Instrument Taster Session. Try the fiddle, whistle, chanter, guitar, mandolin.

THURSDAY 21 AUGUST

BOOKBUG SESSION 11.00am and 1.30pm Inverness Book Festival EDEN COURT Entry Free

Try Trad! joins Bookbug session for under 5's with traditional actions, songs and stories. There's no need to book, just turn up and 'Try Trad!'

2014/15 CLASSES CLASAICHEAN

Most of our classes are run on a termly basis and last for 1 hour per week. Autumn / Winter term is split into 2 blocks with a break in the middle. Spring / Summer term is split into 3 shorter blocks with 2 breaks. In the final week of each term participants are invited to take part in a special end of term concert — just the thing to show off your new found skills to friends and family.

AUTUMN / WINTER TERM

Monday 25 August to Friday 28 November 2014

(13 weeks - 12 weeks of tuition and 1 end of term event)

- Term Starts Monday 25 August to Friday 10 October 2014 = 7 weeks
- Autumn break no classes w/b 13 October & w/b 20 October
- Term restarts Monday 27 October to Friday 28 November = 5 weeks
- End of term Concert Thursday 4 December, Spectrum Centre, Inverness

SPRING / SUMMER TERM

Monday 12 January to Friday 22 May 2015

(17 weeks - 16 weeks of tuition and 1 end of term event)

- Term Starts Monday 12 January to Friday 13 February 2015 = 5 weeks
- Spring break no classes w/b 16 February
- Term Restarts Monday 23 February to Friday 3 April = 6 weeks
- Easter Break no classes w/b 6 April & w/b 13 April
- Term restarts Monday 20 April to Friday 22 May = 5 weeks
- Bank Holiday Monday 4 May
- NB TMC Adult fiddle classes will continue for 1 extra date on Monday 25 May
- End of term Concert Thursday 28 May, Spectrum Centre, Inverness

SPECIAL EVENT SATURDAYS - SPECTRUM CENTRE/CULLODEN VISITORS CENTRE Informal Sessions / Seiseanan Neo-fhoirmeil

Enjoy playing tunes together as part of TMC Special Events Saturdays. All levels of players and all instruments are welcome. The TMC tutors leading the workshop vary for each event and music is played in a group setting with a focus on the ability range of the group...oh, and having a good old informal jam. The sessions held in Culloden Visitors Centre are free of charge as they are run in partnership and funded by The National Trust for Scotland. Starting time for all sessions is 2pm - 3.30pm. Advanced Booking Required!



No instrument? No problem! You can hire one from us... Instruments are hired on a full calendar month basis throughout both our terms and must be booked and paid for in advance before the class starts. A non-refundable deposit is a charge made by the hirers to cover upkeep and repairs.

Instrument	Sizes Available	Non-refundable Deposit	Weekly Cost
Accordion	Small, Medium & Large	£7.50	£3.00
Fiddle	1/4, 1/2, 3/4 & Full Size	£5.00	£2.00
Guitar	Full Size Only	£5.00	£2.00
Mandolin	Fu <mark>ll Size</mark>	£5.00	£2.00
Keyboard	Various	N/A as the instrument must stay in the music room	Hire of a class-use keyboard is &1 per class

For hygiene reasons we are unable to offer hire of Whistles or Chanters. Tin Whistles in "d" can be purchased from the tutor and Practice Chanters can be purchased from any local music shops.

> Instruments can be collected from: High Life Highland Office, 12/13 Ardross Street, Inverness IV3 5NS

TIMETABLE

CLÀR-AMA

Weekday	Instrument	Level	Age	Time	Place
Monday					
	Fiddle	Improver Level 3	16yrs+	6.30 - 7.30pm	Spectrum Centre
	Fiddle	Beginner Level 1	16yrs+	7.30 - 8.30pm	Spectrum Centre
Tuesday					
	Accordion	Beginner Level 1-2	8yrs - 17yrs	6.30 - 7.30pm	*J.C.C.C
	Accordion	Beginner — Improvers Levels 1-3	16yrs+	7.30 - 8.30pm	*J.C.C.C
	Chanter	Beginner Level 1	8yrs - 17yrs	6.00 - 7.00pm	Cameron Y Centre
	Chanter	Beginner Level 2	8yrs - 17yrs	7.00 - 8.00pm	Cameron Y Centre
	Chanter	Intermediate Level 3-4	13yrs+	8.00 - 9.00pm	Cameron Y Centre
	Fiddle	Beginner Level 2	8yrs+	6.00 - 7.00pm	Spectrum Centre
	Fiddle	Intermediate Level 4	8yrs+	7.00 - 8.00pm	Spectrum Centre
	Fiddle	Intermediate Level 5	8yrs+	8.00 - 9.00pm	Spectrum Centre
	Mandolin & Tenor Banjo	Beginner-Improver — Levels 1-3	10yrs+	7.00 - 8.00pm	Charleston Academy
	Whistle	Beginners Level 1-2	8yrs - 15yrs	7.00 - 8.00pm	Charleston Academy
	Whistle	Beginner-Improver — Level 1-3	16yrs+	8.00 - 9.00pm	Charleston Academy
Wednesday					
	Fiddle	Beginner Level 1	8yrs+	5.00 - 6.00pm	Cameron Y Centre
	Fiddle	Improvers Level 3	8yrs+	6.00 - 7.00pm	Cameron Y Centre
	Fiddle	Advanced Level 6	19yrs - 17yrs	7.00 - 8.30pm	Cameron Y Centre
Thursday					
	Guitar	Beginner Level 1	8yrs+	6.30 - 7.30pm	Spectrum Centre
	Guitar	Improver Level 3 & Intermediate Level 4	12yrs+	7.30 - 8.30pm	Spectrum Centre
	Keyboards	Beginner Level 1	8yrs+	7.00 - 8.00pm	Charleston Academy
Venue		Address		Post code	Contact number
*James Cameron Community Centre Limetree Avenue,		Centre Limetree Avenue, D	alneigh, Inverness,	IV3 5RH	01463 718773
Cameron Youth Centre P		Planefield Road, Inve	Planefield Road, Inverness		01463 234785
Charleston Academy		Kinmylies, Inverness	Kinmylies, Inverness		01463 220128
Spectrum Centre		Margaret Street, In	Margaret Street, Inverness		01463 221842

SPECIAL EVENT SATURDAYS

Informal Music Sessions All levels 16 yrs + NB: 2:00pm to 3:30pm Spectrum Centre: 30 August 2014, 31 January & 30 May 2015 Culloden Visitors Centre: 27 September , 25 October & 29 November 2014 & 28 February, 28 March, 25 April & 27 June 2015

PAYMENT PAIGHEADH

There are two ways to pay:

1. By Phone

NB - even when paying by phone, you must complete and return the booking form to the address below PRIOR to making your payment by telephone.

You can pay by Credit or Debit card over the phone during normal business hours which are Monday to Friday, 9am to 5pm.

Please telephone **01463 663 800** with your card details to hand.

2. By Post

Please return completed forms and payment to: High Life Highland, 12-13 Ardross Street, Inverness IV3 5NS

Please make cheques payable to "**High Life Highland**". (Please **do not** send cash in the post!)



Booking Conditions Cùmhnantan Gleidhidh

- 1. If the form is completed on behalf of a child the parent or guardian must sign the form.
- 2. Applications are accepted on a first come first served basis. To avoid disappointment, please check availability of activities before completing the booking form.
- 3. All classes must be booked and paid for in advance.
- 4. The appropriate fee must accompany the booking form. Cheques should be made payable to "High Life Highland". Please do not send cash through the post.
- 5. No refunds will be given, except where an event is cancelled by High Life Highland. High Life Highland reserves the right to cancel any event.
- 6. All events organised by High Life Highland are covered by its public liability insurance for any claim of negligence attributable to High Life Highland.
- 7. High Life Highland reserves the right to exclude people from any of its activities if they display any dangerous or inappropriate behaviour.

Data Protection Dìon Dàta

The information you have supplied will be used for the purpose(s) for which you have provided it. High Life Highland will also use it to plan improvements and to meet our obligations in delivering services on behalf of The Highland Council. This data will be maintained in accordance with the Data Protection Act 1998 and will not be passed on or sold to any other organisation without your prior approval, unless there is a legal requirement to do so.



High Life Highland is a company limited by guarantee registered in Scotland Company SC407011 and is a registered Scottish charity SC042593



Photography courtesy of Ewen Weatherspoon www.ewphoto.co.uk

COSTS COSGAISEAN

For classes run on a termly basis, payment MUST be made for the entire term no later than WEEK 2 of term. If you have not paid in full for the term by then, you will be asked to leave the class.

PRICES PRÌSEAN

AUTUMN / WINTER TERM (12 weeks tuition) Concessionary pricing is available for the Monday 25 August to Friday 28 November 2014

Instrument Classes

Adults £190 / Adult concession £90

Children £108 / Child concession £78

NB: The costs for Fiddle Level 6, 12-17yrs is: Children £190 / Child concession £90 due to longer class duration of 11/2 hours.

SPRING / SUMMER TERM (16 weeks tuition) Monday 12 January to

Friday 22 May 2015

Instrument Classes

Adults &160 / Adult concession &190 Children &144 / Child concession &104

NB: The costs for Fiddle Level 6, 12-17yrs is: Children £160 / Child concession £190 due to longer class duration of 11/2 hours.

CONCESSIONS LASACHAIDHEAN

following groups:

- Senior citizens
- Adults (and children of adults) in full time. education AND holding a student union card (Card required for proof of concession)
- Adults (and children of adults) on Income Support / Job Seekers allowance (proof required)
- Adults and Children with additional needs

REFUNDS & EXCHANGES PÀIGHEADH AIR AIS & IOMLAID

Refunds are not given for missed classes. Refunds will only be issued if a class has been cancelled by High Life Highland.

CHANGES & CANCELLATIONS ATHARRACHAIDHEAN & CUR DHETH

All details are correct at the time of going to print. High Life Highland reserves the right to make changes to the advertised programme, but will endeavour to make as few as possible.

If you have queries, questions or need some information, please telephone High Life Highland on **01463 663 800**

or email. info@highlifehighland.com



Please complete in BLOCK CAPITALS

Name of Student (18yrs+)or Parent/Guardian
Address
Postcode
Contact Phone Number
Mobile
Email Address
Emergency Contact Name
Emergency Contact Number

PARTICIPANT(S) DETAILS

FIOSRACHADH MU CHOM-PÀIRTICHE(AN)

Name	
Date of Birth /	
Class Name	
Level & TermCost &.	
Name	
Date of Birth /	
Class Name	
Level & TermCost &.	
TOT	AL COST £
	Receipt No:
Payment (please tick one box - see page 7 for full payment details) I choose to pay over the phone with my Credit or Debit Card	
 I choose to pay by post I enclose a cheque made payable to "High Life Highland" for 	or £
	Continue over

GLEIDHEADH

Medical Conditions/Additional Needs Cuisean Slàinte/Feumalachdan Sònraichte

Does the participant(s) have any medical conditions or additional needs which we should be aware of? (Please tick one box)

Yes 🗋 * 🛛 No 🗋

*If Yes, please give details.... If you or your child has additional needs, please get in touch with us before making your booking. We can give you detailed information about the activities, enabling you to assess their suitability.

Photographs Dealbhan

Please be aware that on occasion we take photographs for promotional purposes. If you **do not** wish you or your child to be photographed please tick this box \Box

Our Activities Na tha a' dol air adhart

Where did you hear about Traditional Music Classes?

Your Consent Ur Cead

I have read the Booking Conditions and Data Protection Statement (see page 8) and agree to abide by them. If signing this form on behalf of a child, I consent to their participation in these activities.

High Life Highland would like to send you information about our own products and services and the benefits of being a High Life member by post, telephone, email and SMS. If you agree to being contacted in this way, please tick the relevant boxes.

Post Phone Email SMS

Declaration: I agree to the use of my personal data as detailed above.

Signature......Date...../...../.....

Print Name.....