

## Swimming Pool Opening Times

Sessions that must be booked in advance are marked with a \*

Day	Activity	Time	Capacity
Monday	Lane Swimming*	7:15am - 8:30am	Maximum 16 swimmers
	Open Swimming	1:30pm - 2:30pm	Lane Available
	Open Swimming	7:00pm - 9:00pm	Lane Available
Tuesday	Lane Swimming*	7:15am - 8:30am	Maximum 16 swimmers
	Aqua Aerobics*	12:00pm - 12:45pm	Maximum 20 spaces
	Aqua Aerobics*	1:00pm - 1:45pm	Maximum 20 spaces
	Open Swimming	7:30pm - 9:00pm	Lane Available
Wednesday	Senior Swim	8:45am - 9:30am	Maximum 16 swimmers
	Open Swimming	1:00pm—2:00pm	Lane Available
	Open Swimming	7:00pm - 9:00pm	Lane Available
Thursday	Open Swimming	7:15am - 8.30am	Maximum 16 swimmers
	Aqua Aerobics*	9:30am-10:15am	Maximum 20 spaces
	Aqua Aerobics*	10:30am-11:15am	Maximum 20 spaces
	Open Swimming	1:30pm - 2:30pm	Lane Available
	Open Swimming	8:00pm - 9:00pm	Lane Available
Friday	Lane Swimming*	7:15am - 8:30am	Maximum 16 Swimmers
	Kids Fun Session*	7:00pm - 7:45pm	For Ages 8 - 11 only
Saturday	Family Splash Session*	9:00am - 9.45am	Maximum 5 Families
	Family Splash Session*	10:00am - 10:45am	Maximum 5 Families
	Family Open Session	11:00am - 11:45am	Maximum 20 swimmers
	Open Swimming	12:00pm - 12:45pm	Lane Available
Sunday	Family Splash Session*	9:00am - 9.45am	Maximum 5 Families
	Family Splash Session*	10:00am - 10:45am	Maximum 5 Families
	Family Open Session	11:00am - 11:45am	Maximum 20 swimmers
	Open Swimming	12:00pm - 12:45pm	Lane Available

### All-Inclusive Membership

Member-ship	Annual Payment	Monthly Payment
Family	£479.90	£39.99
Individual	£319.20	£26.60

### Pay As You Go

Activity	Standard	Conces-	Budget
Activities	£8.00	£4.80	£0.50
Fitness Suite	£9.10	£5.40	£0.50
Racquet Sports	£7.30	£4.30	£0.50
Swim Session	£8.00	£4.80	£0.50
Swim lessons	£12.50	£7.40	£0.50
Shower	£3.70	£2.20	£0.50



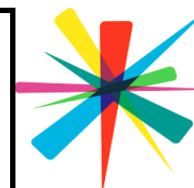
## Activity Programme and Information

### Craig Maclean Leisure Centre

18th August - 13th October 2024



**Open Weekdays—7.15am-10.00pm\***  
**Weekends - 9.00am—1.00pm**  
**\*Please note Fitness Suite & Pool times may differ due to school timetable during the week**  
**Saturday & Sunday 9.00am-1.00pm**



Contact us: Craig Maclean Leisure Centre, Cromdale Road, Granttown on Spey, PH26 3HU  
 Phone us: 01479 870281  
 Email us: craigmaclean.leisure@highlifehighland.com  
 Website: www.highlifehighland.com

*Programme may be subject to change. For up to date info like us*

**facebook**

## Dryside Kids Activities

Day	Activity	Time	Age	Activity Code
Monday	Ball Sports	3:45pm –4:30pm	4-11yrs	ACT002068
Tuesday	Adult & Child * Swimming lessons	10:30am-11:00am 11:00am – 11:30am	Babies & under 4yr olds	Bookable at Reception
Tuesday	Sports Science Team Juniors	3:45pm–4.25pm	7–11yrs	ACT002069
Wednesday	Para Multi-Sports	4:45pm-5:30pm	P1-S6	ACT002032
Wednesday	Family Volleyball	8:15pm–9:15pm	11yrs plus	Bookable at Reception
Thursday	Strength Club	4:00pm-4:45pm	11-16yrs	ACT002072
Thursday	Strength Club	5:00pm-5:45pm	11-16yrs	ACT002073
Thursday	Rookie Lifeguard Bronze	7:20pm-8:00pm	Must have completed level 6 LTS	ACT002070
Friday	After School Sports Club	2.00pm-3:15pm	P1-P7	ACT002074
Friday	Moving Mini's/Soft Play	3:30pm-4:30pm	6mths–4yrs	ACT002071
Friday	Fusion	8:00pm - 9:30pm	S1–S6	ACT002046

All Dry-side kids activities bookings go live **Monday 19th August** & start the week commencing **Monday 26th August**  
To book your child a space into a Dry-side activity please visit: <https://booking.highlifehighland.com> (excluding activities stating book at reception)

## Learn to Swim

**[Learn to Swim & Adult and Child lessons](#)**  
**[New Term starts the week of 19th August for an 8 week block](#)**

Due to an extended waiting list, **ALL** unpaid swimming lessons **MUST** be paid for by the end of the first week at reception or over the phone.

## Adult Fitness Classes To book classes: <https://summer.highland.gov.uk>

Day	Class	Time	Duration
Monday	Fit Plus	7:45am	45mins
	Circuits Spin	5:15pm	45mins
	Boxing Circuits	6:00pm	55mins
	Thai Boxing - Grappling	7:00pm	55mins
Tuesday	Tai Chi– British Legion	9:00am	55mins
	Aqua Aerobics	12:00pm	45mins
	Aqua Aerobics	1:00pm	45mins
	Circuits	6:00pm	55mins
Wednesday	Indoor Cycling	7:00pm	30mins
	Fit Plus	7:45am	45mins
	Dynamic Wellbeing -Grantown Library	10.30am	60mins
	Pump	6:00pm	50mins
Thursday	Yoga	7:05pm	60mins
	Aqua Aerobics	9:30am	45mins
	Aqua Aerobics	10:30am	45mins
	Cross-Training	6:00pm	55mins
Friday	Indoor Cycling	7:00pm	30mins
	Fit Plus	7:45am	45mins
	Yoga	5:45pm	60mins
Saturday	Circuits	9:30am	45mins
Sunday	Walking Football	9:05am	55mins

### Climbing wall sessions :

**Thursday 7.00pm - 9.30pm**

**Saturday/Sunday 10.30am -12.45pm**

**Badminton & Tennis Sessions available please ring reception for available slots.**

### Pay As You Go

Activity	Standard	Concession	Budget
Classes/Activities	£8.00	£4.80	£0.50
Fitness Suite	£9.10	£5.40	£0.50
Racquet Sports	£7.30	£4.30	£0.50
Shower	£3.70	£2.20	£0.50
Swim Session	£8.00	£4.80	£0.50
Swim Lessons	£12.50	£7.40	£0.50