

Swimming Pool Opening Times

Sessions that must be booked in advance are marked with a *

Monday	Lane Swimming*	7:15am - 8:30am	Maximum 16 swimmers
	Open Swimming	12:00pm - 2:00pm	Lane Available
	Aquafit (New class)*	7:00pm - 7.45pm	Maximum 20 spaces
	Lane Swimming*	8:00pm-9:00pm	Lane Available
Tuesday	Lane Swimming*	7:15am - 8:30am	Maximum 16 swimmers
	Aqua Aerobics*	9:30am—10:15am	Maximum 20 spaces
	Open Swimming	12:45pm—13:45pm	Lane Available
	Open Swimming	7:30pm - 9:00pm	Lane Available
Wednesday	Senior Swim	8:45am - 9:30am	Maximum 16 swimmers
	Open Swimming	12:00pm—2:00pm	Lane Available
	Open Swimming	7:00pm - 9:00pm	Lane Available
Thursday	Open Swimming	7:15am - 8.30am	Maximum 16 swimmers
	Aqua Aerobics*	9:30am-10:15am	Maximum 20 spaces
	Aqua Aerobics*	10:30am-11:15am	Maximum 20 spaces
	Adult Swim Lessons	7:20pm—8:00pm	Bookable at Reception
	Open Swimming	8:00pm - 9:00pm	Lane Available
Friday	Lane Swimming*	7:15am - 8:30am	Maximum 16 swimmers
	Kids Fun Session*	7:00pm - 7:45pm	For Ages 8 - 11 only
Saturday	Family Splash Session*	9:00am - 9.45am	Maximum 5 Families
	Family Splash Session*	10:00am - 10:45am	Maximum 5 Families
	Family Open Session	11:00am - 11:45am	Maximum 20 swimmers
	Open Swimming	12:00pm - 12:45pm	Lane Available
Sunday	Family Splash Session*	9:00am - 9.45am	Maximum 5 Families
	Family Splash Session*	10:00am - 10:45am	Maximum 5 Families
	Family Open Session	11:00am - 11:45am	Maximum 20 swimmers
	Open Swimming	12:00pm - 12:45pm	Lane Available

All-Inclusive Membership

Member-ship	Annual Payment	Monthly Payment
Family	£479.90	£39.99
Individual	£319.20	£26.60

Pay As You Go

Activity	Standard	Concession	Budget
Activities	£8.00	£4.80	£0.50
Fitness Suite	£9.10	£5.40	£0.50
Racquet Sports	£7.30	£4.30	£0.50
Swim Session	£8.00	£4.80	£0.50
Swim lessons	£12.50	£7.40	£0.50
Shower	£3.70	£2.20	£0.50



Activity Programme and Information

Craig Maclean Leisure Centre

28th Oct - 23rd Dec 2024

autumn body burn

Six Week Challenge - Ultimate Autumn Body Burn

28th October 5-7pm (Sign up)

Start off the challenge with the first class 'METAFIT' Tuesday 29th October 7.15am

Open Weekdays—7.15am-10.00pm*

Weekends - 9.00am—1.00pm

*Please note Fitness Suite & Pool times may differ due to school timetable during the week

Saturday & Sunday

9.00am-1.00pm



Contact us: Craig Maclean Leisure Centre, Cromdale Road, Granttown on Spey, PH26 3HU
 Phone us: 01479 870281
 Email us: craigmaclean.leisure@highlifehighland.com
 Website: www.highlifehighland.com

Programme may be subject to change. For up to date info like us

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Dryside Kids Activities

Day	Activity	Time	Age	Activity Code
Monday	Ball Sports	3:45pm –4:30pm	4-11yrs	ACT002294
Monday	Adult & Child * Swimming lessons	10.00am-10.30am 10.30am-11.00am 11.00am-11.30am	3yr olds Toddlers Babies	Bookable at Reception
Wednesday	Para Multi-Sports	4:45pm-5:30pm	P1-S6	ACT002295
Wednesday	Family Volleyball	8:15pm–9:15pm	11yrs plus	Bookable at Reception
Thursday	Futsal	3:45pm-4:30pm	9-12yrs	ACT002296
Thursday	Strength Club	4:00pm-4:45pm	11-16yrs	ACT002297
Thursday	Strength Club	5:00pm-5:45pm	11-16yrs	ACT002298
Friday	Futsal	2:45pm-3:45pm	5 -8yrs	ACT002299
Friday	Soft Play	4:00pm-5:15pm	6mths–4yrs	ACT002300
Friday	Fusion	8:00pm - 9:30pm	S1–S6	ACT002046

All Dry-side kids activities bookings go live **Monday 21st October** & start the week commencing **Monday 28th October**
To book your child a space into a Dry-side activity please visit: <https://booking.highlifehighland.com>
(excluding activities stating book at reception)

Learn to Swim

[Learn to Swim & Adult and Child lessons](#)
[New Term starts the week of 28th October for an 7 week block](#)

Due to an extended waiting list, **ALL** unpaid swimming lessons **MUST** be paid for by the end of the first week at reception or over the phone.

Adult Fitness Classes To book classes: <https://summer.highland.gov.uk>

Day	Class	Time	Duration
Monday	'POWER 15 ' (starts 4th Nov)	7:15am	20mins
	Fit Plus	7:45am	45mins
	Circuits Spin	5:15pm	45mins
	Boxing Circuits	6:00pm	55mins
	Thai Boxing - Grappling	7:00pm	55mins
	Aquafit ** New Class**	7:00pm	45mins
Tuesday	'Metafit' (29th October)	7.15am	30mins
	Tai Chi– British Legion	9:00am	55mins
	Aqua Aerobics	9:30am	45mins
	Circuits	6:00pm	55mins
	Indoor Cycling	7:00pm	30mins
Wednesday	'POWER 15'(starts 30th Oct)	7:15am	20mins
	Fit Plus	7:45am	45mins
	Dynamic Wellbeing -Grantown Library	10.30am	60mins
	Pump	6:00pm	50mins
	Yoga	7:05pm	60mins
Thursday	Aqua Aerobics	9:30am	45mins
	Aqua Aerobics	10:30am	45mins
	Cross-Training	6:00pm	55mins
	Clubbercise (Its Back)	7:00pm	45mins
Friday	'Metafit'	7.15am	30mins
	Fit Plus	7:45am	45mins
	Yoga	5:45pm	60mins
Saturday	Circuits	9:30am	45mins
Sunday	Walking Football	9:05am	55mins

Climbing Wall, Badminton, Pickleball & Tennis Sessions available please ring reception for available slots.

Pay As You Go

Activity	Standard	Concession	Budget
Classes/Activities	£8.00	£4.80	£0.50
Fitness Suite	£9.10	£5.40	£0.50
Racquet Sports	£7.30	£4.30	£0.50
Shower	£3.70	£2.20	£0.50
Swim Session	£8.00	£4.80	£0.50
Swim Lessons	£12.50	£7.40	£0.50