

# CULLODEN LEISURE CENTRE

## 6th January - 6th April 2025

### GAMES HALL

#### MONDAY

18:00 - 21:00	Highland Bears Basketball
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21:00 - 22:00	Hall for Hire
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#### TUESDAY

18:00 - 19:00	Hall for Hire
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19:00 - 20:00	Highland Bears
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20:00 - 22:00	Badminton 3 Courts/Aikido 1 Court
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#### WEDNESDAY

18:00 - 22:00	Hall for Hire
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#### THURSDAY

18:00 - 19:00	Football (Private Let)
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19:00 - 22:00	Inverness Field Archery Club
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#### FRIDAY

15:30 - 17:00	Hall for Hire
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18:00 - 18:45	Indoor Cycling
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19:00 - 20:00	Body Pump
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20:00 - 21:30	Private Hire
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#### SATURDAY

09:00 - 11:00	Badminton Club
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11:00 - 13:00	Hall for Hire
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#### SUNDAY

09:00 - 15:00	Hall for Hire
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### GYMNASIUM

#### MONDAY

18:00 - 19:00	Barbell
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19:15 - 20:00	Indoor Cycling
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20:00 - 22:00	Hall for Hire
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#### TUESDAY

18:00 - 18:45	Indoor Cycling
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19:00 - 21:30	Fencing
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#### WEDNESDAY

18:00 - 18:30	Core Conditioning
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18:45 - 19:45	Barbell
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20:00 - 22:00	Hall for Hire
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#### THURSDAY

17:15 - 19:15	Gymnastics
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19:45 - 20:30	Circuits
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21:00 - 22:00	Hall for Hire
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#### FRIDAY

16:00 - 20:00	Gymnastics
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20:30 - 22:00	Private Hire (Nessie All stars)
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#### SATURDAY

09:00 - 10:00	Circuits
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10:15 - 11:00	Indoor Cycling
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11:00 - 15:00	Private Hire (Nessie All stars)
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#### SUNDAY

09:30 - 10:15	Indoor Cycling
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10:30 - 11:15	Body Pump
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13:00 - 15:00	Hall for Hire
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# CULLODEN LEISURE CENTRE

**6th January - 6th April**

**(Swimming Pool)**

## MONDAY

16:30 - 18:30	Swimming Lessons
18:30 - 19:15	Rookie Lifeguard / Inverness Swim Club
19:15 - 21:00	Public Swimming/ Inverness Swim Club until 20:30
21:00 - 22:00	Adults Only

## TUESDAY

16:30 - 17:30	Senior Session
17:30 - 18:30	Swimming Lessons
18:30 - 19:30	Fun Session
19:30 - 22:00	Public Session

## WEDNESDAY

16:30 - 18:00	Swimming Lessons
18:15- 19:00	Aqua Circuits
19:00 - 20:00	Public Session (Rookie Lifeguard 2 Lanes 7- 7:30pm)
20:00 - 21:00	Ladies Only
21:00 - 22:00	Adults Only

## THURSDAY

16:30 - 18:00	Swimming Lessons
18:00 - 19:00	Senior Session
19:15 - 20:00	Aqua Fit
20:00 - 22:00	Public Session

## FRIDAY

16:30 - 18:00	Swimming Lessons
18:00 - 19:00	Public session
19:00 - 21:00	Public Swimming/ Inverness Swim Club
21:00 - 22:00	Staff Training

## SATURDAY

09:00 - 11:00	Public Session
11:00 - 12:00	Family Friendly
12:00 - 13:00	Fun Session
13:00 - 14:00	Public Session
14:00 - 15:00	Highland Disability Swim Team

## SUNDAY

09:00 - 10:00	Public Session
10:00 - 11:00	Adults Only
11:00 - 12:00	Family Friendly
12:00 - 13:00	Fun Session
13:00 - 15:00	Public Session