# Youth Work in the Culloden area

October 2015 - March 2016

# THE BIG HEADLINES



Youth work is an educational practice

It is an empowering process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN



Key facts and stats

The Culloden youth team worked with over 100 youngsters aged between 11 and 21 amounting to 1041 meaningful contacts

In total there were 2262 hours of engagement with young people

These were delivered on nearly 130 separate occasions.

And took place in Ardersier, Culloden, Smithton the Academy and trips away

A total of 178 recognised awards were gained

# THE STORIES: THE DIFFERENCES: THE FUTURE

## Ocean Youth Sailing Trust

Following on from a life changing residential voyage last summer, 10 young people were invited by Stuart McMillan MSP to a celebratory reception in the Garden Lobby of the Scottish Parliament. The group gave reflection on the life skills they had developed and the qualification they had achieved.

#### Culloden Youth Forum

The youth forum is now entering its 5th year of establishment, with 10 regular members. The group have been working on two distinctive projects: Homelessness and Mental Health. Findings from both projects have been displayed at Culloden Library for members of the public to view.

### 16+ Employability Course

The youth team worked with several partners to support young people who require support with the transition into employment. The course not only prepared young people with the skills to seek employment but also life skills such as learning to cook & budgeting.

#### Quote from a young person

"The 16+ course has helped me apply for an apprenticeship which resulted in an interview and I'm now through to the next stage of the process"

#### Quote from a parent;

" My son has benefited greatly from youth Work. It has built his confidence, enabling him to communicate effectively both verbally and in his written tasks"

## Quote from a partner;

"Working in partnership with youth services helps to build wider opportunities for our young people"

#### HOW'S THE FUTURE LOOKING

Getting On – achievements through learning

Expansion of the 16+ Employability Course to include more young people who could benefit from such an opportunity.

Further promotion of wider achievement awards

Getting Heard – confident voices, influencing decisions

Youth Forum will work in partnership with community projects. Young people will be represented at local community council meetings by youth forum members.

Getting Involved – youth work: it's educational

Continue the partnerships with Culloden Academy and the wider community to get youth work recognised as a valuable resource in the personal, social and educational development of young people.

Youth Forum will contribute to the Highland Youth Parliament campaigns to do with political engagement, mental health, transport, PSE and Looked After Children

#### **CONTACT INFORMATION**

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